Terms of Service

Effective Date: Sep 25, 2025 Last Updated: Sep 25, 2025

Welcome to Brace Life Studio. By accessing or using https://bracelifestudios.com, you agree to these Terms of Service ("Terms"). Please read them carefully.

1. Services

Brace Life Studio provides a platform that connects clients with trainers for fitness and wellness services (the "Services"). We are not a gym, employer, or healthcare provider. Trainers are independent professionals.

2. Eligibility

You must be at least 18 years old to use the Platform. By using our Services, you represent and warrant that you meet this requirement.

3. Accounts

- You are responsible for maintaining the confidentiality of your account credentials.
- You agree to provide accurate and complete information when creating an account.
- You are responsible for all activities that occur under your account.

4. Payments

- Payments are processed securely through third-party providers.
- Fees are displayed at the time of booking.
- Refunds, cancellations, and rescheduling are subject to our Cancellation Policy [link or insert here].

5. Trainer Responsibilities

Trainers are independent contractors, not employees of Brace Life Studio.

- Trainers are responsible for their certifications, insurance, and compliance with local laws.
- Brace Life Studio is not liable for any actions, advice, or services provided by trainers.

6. Client Responsibilities

- Clients must provide accurate health and fitness information to trainers.
- Clients should consult a physician before beginning any fitness program.
- Clients assume all risks related to participating in physical training.

7. Prohibited Conduct

You agree not to:

- Misuse the Platform for unlawful purposes.
- Harass, abuse, or harm trainers, clients, or staff.
- Attempt to interfere with the Platform's functionality or security.

8. SMS Notifications

By providing your mobile number, you agree that Brace Life Studio may send you SMS notifications related to your account, bookings, and services.

- Standard message and data rates may apply.
- You can opt out of non-essential SMS communications at any time by replying "STOP" or contacting us at info@bracelifestudios.com.
- Critical service-related messages (such as account verification or booking confirmations)
 may still be sent even if you opt out of promotional messages.

9. Disclaimer of Liability

• The Platform and Services are provided "as is" and "as available."

- We do not guarantee results, availability, or the accuracy of trainer information.
- Brace Life Studio is not responsible for any injuries, damages, or disputes arising from client-trainer interactions.

10. Limitation of Liability

To the fullest extent permitted by law, Brace Life Studio shall not be liable for indirect, incidental, or consequential damages related to your use of the Platform.

11. Termination

We may suspend or terminate your account if you violate these Terms or engage in conduct harmful to the Platform or its users.

12. Governing Law

These Terms are governed by the laws of the State of New York, without regard to its conflict of laws principles.

13. Changes to Terms

We may update these Terms at any time by posting a revised version on our website. Your continued use of the Platform after changes constitutes acceptance of the new Terms.

14. Contact Us

Brace Life Studio
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Email: info@bracelifestudios.com